

Sample Preschool Food Allergy Health Care Plan

Student Name: _____		DOB: _____		Grade: _____	
ASSESSMENT DATA	NURSING DIAGNOSIS	GOAL	NURSING INTERVENTION	EXPECTED OUTCOME	
<p>Student has a severe allergy to peanuts.</p> <p>Doctor's order for Epi-Pen, JR at school.</p>	<p>Risk for ineffective breathing related to bronchospasm and inflammation of airway.</p> <p>Risk of impaired gas exchange related to bronchospasm and inflammation of airway.</p>	<p>Student will have an IHP and ECP in place to include student, staff, and parental roles in preventing and managing an anaphylactic reaction.</p>	<p>Educate school staff on early signs of potential anaphylactic reaction and appropriate steps to take for treatment.</p>	<p>School staff is informed of potential for an anaphylactic reaction, the signs of a reaction, and what to do if a reaction occurs.</p> <p>Student and staff will identify allergic reactions and treat immediately.</p>	
<p>Student able to recognize peanuts but unable to read food labels due to age.</p>	<p>Knowledge deficit re: foods that contain peanuts as an ingredient.</p>	<p>Student will increase knowledge about foods containing peanuts.</p> <p>Student will tell school personnel when his symptoms indicate an allergic reaction.</p>	<p>Training for staff regarding anaphylaxis prevention and treatment.</p> <p>Request classroom teacher to alert room parents about food allergy and need for alternative party treats.</p>	<p>Student will increase knowledge of foods that contain peanut ingredients and will avoid these foods.</p> <p>Staff will check with school nurse with any questions about ingredients in foods.</p> <p>Student will describe symptoms of an allergic reaction.</p>	

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Student Name: _____		DOB: _____		Grade: _____
ASSESSMENT DATA	NURSING DIAGNOSIS	GOAL	NURSING INTERVENTION	EXPECTED OUTCOME
Student fearful of reaction at school.	Risk for altered health maintenance and feelings of powerlessness regarding uncertainty of allergic reaction outcome at school.	Student will have an IHP and ECP. Student will participate in school activities with minimal disruptions.	Monitor and continue to educate regarding foods containing peanuts and need for alternative food choices. Assist student to identify school personnel that can assist him if an anaphylactic episode occurs.	Student will identify school personnel responsible for helping carry out IHP and ECP. Student will participate in all school activities with modifications as needed.

SAMPLE